



14/12/2018

Dave Joyce  
CWU HQ

Dear Dave,

**'Where's Your Head At?' Campaign:**

We have some exciting news to share on the 'Where's Your Head At?' campaign, which is calling on Government to change the law so that employers make First Aid provision for both the mental and physical health of their employees.

**Mental health first aid to be debated in Parliament**

Your support so far has ensured that the topic of mental health in the workplace cannot be ignored and has resulted in today's announcement that a parliamentary debate on mental health first aid in the workplace has been scheduled. This is currently due to take place next week in the House of Commons on Wednesday 19<sup>th</sup> December.

Sponsored by a cross-party trio of MPs, Luciana Berger MP (Lab), Norman Lamb MP (Lib Dem) and Johnny Mercer MP (Con), the debate follows 200,000 members of the public signing a petition to ask the government to make mental health first aid mandatory in the workplace. Shortly after a letter was sent to the Prime Minister, signed by over 50 senior leaders representing the business, education and mental health sectors – all calling on the government to uphold its 2017 manifesto pledge to change the law and put mental and physical first aid on an equal footing in the workplace.

**Call on your MP to get involved**

We need your help to ensure the debate is as impactful as possible. We need as many MPs as possible to attend and join in the debate, so please take five minutes today to contact your MP and ask them to attend the debate on Wednesday 19th December.

The key thing is to ensure as many MPs as possible are aware of this debate and understand its importance. So please take that into consideration when emailing them.

**Make some noise on social media**

If you're a Twitter user, please also tweet your MP asking them to join the debate – you can find your MP's twitter handle here: <https://www.mpsontwitter.co.uk/list>. Suggested tweet:

*#Mentalhealthfirstaid will be debated in the HoC on Wed 19<sup>th</sup> Dec. As my MP, I'm asking you to join the discussion to bring parity of esteem to first aid in the workplace - a call backed by employers, trade unions and the general public*  
[bit.ly/2KXu2RT](https://bit.ly/2KXu2RT)

**You can also tweet to show your support and let others know that this is happening. Suggested tweet:**

*Fantastic to see that, following public, trade union and employer support for the #WheresYourHeadAt campaign, #mentalhealthfirstaid is to be debated in the House of Commons. Find out more at [bit.ly/2KXu2RT](https://bit.ly/2KXu2RT)*

**Tell everyone**

And finally, let everyone know! Please feel free to send this email on to friends, family and colleagues to share the news, encourage them to petition their MP and get involved on social media.

Together we can ensure this debate gets the attention it deserves and in doing so help move us one step closer to bringing parity of esteem between mental and physical health in the workplace.

As always, if you have any questions or need any further information please don't hesitate to get in touch with our team on [media@mhfaengland.org](mailto:media@mhfaengland.org).

Thank you for your continued support.

Kind Regards,  
Eleanor

**Eleanor Miller**  
**Director of Marketing and Communications**  
**Mental Health First Aid England**  
020 7250 8062  
[info@mhfaengland.org](mailto:info@mhfaengland.org)