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RMG Charity Update – Youth Homelessness - Action for Children – CEO/Director SHE Sleep Out

To: All Branches

Dear Colleagues,

As part of Royal Mail's 'Action for Children' Charity campaign, Dr. Shaun Davis Royal Mail Group Global Director of Safety, Health, Wellbeing & Sustainability will be taking part in this year's CEO/Directors 'Sleep Out' being held in Paternoster Square, London on Thursday 22nd March 2018 to support the Charity Action For Children.

The 'Sleep Out' is a unique event, and Shaun will be joining fellow business leaders in sleeping rough on the streets of London for one night, to raise money and build awareness of youth homelessness.

There are 83,000 homeless young people in the UK. One in four homeless young people (27%) have been diagnosed with a mental health problem. One in five homeless young people (21%) have self-harmed.

Around 150,000 young people ask their local authorities for help each year because they are homeless or at risk of homelessness. It is crucial to step in early to prevent youth homelessness; it ends a cycle before it starts.

The money raised will be directly invested into the charity 'Action for Children's preventative Mental Health Programme, the 'Blues Programme', funded by Royal Mail Group. The Blues Programme aims to support the mental health of thousands of young people aged 15-18. Please help raise awareness by sponsoring Shaun and supporting these young people in their work to do what is needed, to intervene and change lives.

I'm pleased to support this worthy effort with sponsorship and would request your consideration for supporting this worthy cause.

Click on the link below to make a sponsorship donation: -

<https://www.sponsorme.co.uk/royalmail/sleepout-fundraisier.aspx>

Yours sincerely



Dave Joyce
National Health, Safety & Environment Officer