

# DAY ONE AGENDA: Wednesday, September 27, 2023

## Guam's Fourth Annual Conference on Substance Use Disorders among Pacific Islanders

*\*(All times are in Chamorro Standard Time [ChST])*

TIME	TOPIC	PRESENTER(S)	TRACK
8:00 AM – 9:00 AM (ChST)	<p>Welcoming Remarks and Introductions</p> <p>Prayer</p> <p>Opening Remarks</p>	<p>Thomas E. Freese, PhD, <i>UCLA Integrated Substance Abuse Programs</i></p> <p>Theresa C. Arriola, MBA, <i>Guam Behavioral Health and Wellness Center</i></p> <p>Captain Emily Williams, LCSW-PIP, BCD <i>Substance Abuse and Mental Health Services Administration</i></p> <p>Joshua F. Tenorio, <i>Lieutenant Governor of Guam</i></p> <p>Eric Borja</p>	
9:00 AM – 10:00 AM (ChST) AM Plenary Session	[P1] Challenges and New Opportunities	Yngvild K. Olsen, M.D., M.P.H.	Plenary Session
10:00 AM – 10:15 AM (ChST)	BREAK		
10:15 AM – 11:15 AM (ChST) AM Concurrent Workshops	[1A] Pacific Mental Health Awareness Training Project: Updates, Strategies, and Lessons Learned from Year 2	Andrew Kurtz, MA, LMFT	Clinical Interventions + Mental Health + Populations w/ Specific Service Needs + Women, Children, and Families
	[1B] Building Guam's Future: An Overview of the 4-Year Strategic Plan for Substance Use Prevention, Treatment and Recovery in Guam	Sara Dimla Harrell, MS Athena Duenas, MA, CSAC III, ICADC, LPC	Emerging Issues in Behavioral Health Care + Clinical Interventions+ Opioids, Stimulants, and other Emerging Trends in the Pacific
	[1C] Centering Indigenous and Cultural Practices: A Holistic Approach to Mental Well-Being for Pacific Islanders	Rachele C. Espiritu, PhD	Mental Health
	[1D] Update on Emerging Drug Contaminants: Xylazine	Claire Zagorski, MSc, LP	Opioids, Stimulants, and other Emerging Trends in the Pacific
	[1E] Key Foundations for Policy Advocacy Success	Rick Collins, MS, CPS	Prevention
	[1F] Cultural Approaches to Reducing Harm Across Moanānuiakea	Lilinoe Kauahikaua, MSW Carol Ann Carl, BS Aubrey Yanger Mariano, B.A.	Populations w/ Specific Service Needs + Emerging Issues in Behavioral Health Care
	[1G] The Extent and Risks of Vaping and What Prevention and Treatment Can Do	Josh Esrick, MPP Emily Patton, MSc, PgDip	Women, Children, and Families + Prevention, Clinical Interventions + Opioids, Stimulants, and other Emerging Trends in the Pacific



11:15 AM – 12:00 PM (ChST)

Lunch Break

12:00 PM – 12:15 PM (ChST)

Movement Break provided by UCLA Recreation – Fitwell Programs – Mandy Muenzer

TIME

TOPIC

PRESENTER(S)

TRACK

12:15 PM – 1:15 PM (ChST)  
PM Concurrent Workshops

[2A] Stopping Stigma: How to Quit Talking 'Dirty' to Your Clients

Diane Logan, Ph.D.,  
ABAP, CSAC, ICSAC



Clinical Interventions

[2B] Recovery Coaching Training

Brian Hahn

Emerging Issues in Behavioral Health Care

[2C] Spirit of Motivational Interviewing - Connecting with Our Humanity to Support Growth and Change

Kristin Dempsey, EdD, LPCC, LMFT



Mental Health + Clinical Interventions

[2D] What's Trending in TX/ Contrast and Comparison on 10 Year Span

Athena Duenas, MA, CSAC III, ICADC, LPC  
Valerie Reyes, LCSWe, LPC, MFT, LMHC,  
ICADC, CSAC III

Opioids, Stimulants, and other Emerging Trends in the Pacific + Clinical Interventions

[2E] What Does NOT Work in Prevention

Alyssa O'Hair, MPH, MA, CPS

Prevention

[2F] Ethical Decision-Making in Small and Rural Communities

Cindy L. Juntunen, PhD, L.P.

Populations w/ Specific Service Needs

[2G] Better Together: Improving Outcomes through Effective, Meaningful Family & Youth Engagement

Susan H. Badeau, BA

Women, Children, and Families + Populations w/ Specific Service Needs

1:15 PM – 1:30 PM (ChST)

BREAK

1:30 PM – 2:30 PM (ChST)  
PM Plenary Session

[P2] Trauma & Gender: Critical Issues in Addiction Treatment

Stephanie S. Covington,  
PhD, LCSW



Plenary Session

# DAY 2 AGENDA: Thursday, September 28, 2023

## Guam's Fourth Annual Conference on Substance Use Disorders among Pacific Islanders

*\*(All times are in Chamorro Standard Time [ChST])*

TIME	TOPIC	PRESENTER(S)	TRACK
8:00 AM – 8:15 AM (ChST)	Welcome and Introductions	Beth A. Rutkowski, MPH Thomas E. Freese, PhD <i>UCLA Integrated Substance Abuse Programs</i>	
8:15 AM – 9:15 AM (ChST) AM Plenary	[P3] Stimulant Use: Current Trends, Impact on the Brain and Body, and Implications for Treatment	Thomas E. Freese, PhD	Plenary Session
9:15 AM – 9:30 AM (ChST)	BREAK		
9:30 AM – 10:30 AM (ChST) AM Concurrent Workshops	[3A] Addressing Substance Use in Hawai'i Through Collaborative Workforce Development & Training	Cliff Bersamira, PhD, AM Michael DeMattos, MSW, PhD	Clinical Interventions + Opioids, Stimulants, and Other Emerging Trends in the Pacific
	[3B] Toxic Stress Management and Avoiding Burn-Out: How to Sustain Wellness in our Work	Brooke Briggance, BA	Emerging Issues in Behavioral Health Care
	[3C] Getting Grief Ready as Leaders & Managers in and for our School Systems and Organizations	Leora Wolf-Prusan, EdD	Mental Health
	[3D] Hepatitis C Virus and the Importance of Integrated OTP Treatment	Christian Fable, AMFT Victoria T. Norith, MSHCA Albert Hasson, MSW	Opioids, Stimulants, and other Emerging Trends in the Pacific
	[3E] Ensuring a Youth Voice: The Hawaii Children and Youth Summit	Judith F. Clark, MPH	Prevention + Women, Children, and Families
	[3F] An Introduction to Culturally Responsive Services for LGBTQ Individuals and Pacific Islanders	Grant Hovik, MA	Populations w/ Specific Service Needs + Clinical Interventions + Mental Health
	[3G] The Intersection of Pregnancy and Substance Use Disorders	Candy Stockton-Joretteg, MD, FASAM	Women, Children, and Families + Clinical Interventions + Populations w/ Specific Service Needs

10:30 AM – 11:15 AM (ChST)

Lunch Break

11:15 AM – 11:30 AM (ChST)

Movement Break provided by UCLA Recreation – Fitwell Programs – Mandy Muenzer

TIME

TOPIC

PRESENTER(S)

TRACK

11:30 AM – 12:30 PM (ChST)  
PM Concurrent Workshops

[4A] Dialectical Behavioral Therapy in Substance Use Disorder Treatment

Samantha Santamaria, LCSW

Clinical Interventions

[4B] Make Meetings Something Staff Want to Attend

Michael S. Shafer, Ph.D.

Emerging Issues in Behavioral Health Care

[4C] Building a Hope-Filled Community: Navigating the Recovery and Healing Journey of Unhoused Individuals and Families on Guam

Lavina L.G. Camacho, MS, MFT, LPC, MAC  
Daime Rivera, BS

Mental Health

[4D] Women's Way Toward Recovery

Candace Pang, ACSW, LSW, CSAC  
Melanie Boehm, MA, LMHC, CSAC

Opioids, Stimulants, and other Emerging Trends in the Pacific + Women, Children, and Families, + Populations w/ Specific Service Needs

[4E] Banning Electronic Nicotine in Palau

Everlynn Temengil, CPS

Prevention + Opioids, Stimulants, and Other Emerging Trends in the Pacific

[4F] Addressing Co-Occurring Substance Use, Mental Health, and Sexual Health Issues Among Vulnerable Populations Across Southeast Asia

Chunqing Lin, PhD  
Awirut Oon-arom, MD  
Apinun Aramrattana, MD, PhD  
Imelda Indriyani, MD

Populations w/ Specific Service Needs + Clinical Interventions + Mental Health

[4G] Working with Adolescents in Addressing Substance use Issues

Dawn Cruz, ICADC, CSAC

Women, Children, and Families + Emerging Issues in Behavioral Health Care + Populations w/ Specific Service Needs

12:30 PM – 12:45 PM (ChST)

BREAK

12:45 PM – 1:45 PM (ChST)  
PM Plenary Session

[P4] Listen to the Data: A Profile of Substance Use among Pacific Islanders in Guam

Annette M. David, MD, MPH



Plenary Session

1:45 PM – 2:30 PM (ChST)

Closing Prayer, Closing Remarks, and Conference Adjourns

Beth A. Rutkowski, MPH  
*UCLA Integrated Substance Abuse Programs*  
Theresa C. Arriola, MBA,  
*Guam Behavioral Health and Wellness Center*



Guam's Fourth Annual Conference on Substance

Use Disorders among Pacific Islanders

Time Zone Conversion Chart

DAY ONE	Tuesday, September 26, 2023							Wednesday, September 27, 2023							
	American Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Northern Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Marshall Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	6:00 PM	7:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	12:00 PM	1:00 PM	4:00 PM	5:00 PM	6:00 PM	7:00 PM	7:00 PM	8:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM	10:00 AM	10:00 AM	11:00 AM
Break	1:00 PM	2:00 PM	5:00 PM	6:00 PM	7:00 PM	8:00 PM	8:00 PM	9:00 AM	10:00 AM	10:00 AM	10:00 AM	10:00 AM	11:00 AM	11:00 AM	12:00 PM
Concurrent Workshops	1:15 PM	2:15 PM	5:15 PM	6:15 PM	7:15 PM	8:15 PM	8:15 PM	9:15 AM	10:15 AM	10:15 AM	10:15 AM	10:15 AM	11:15 AM	11:15 AM	12:15 PM
Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	9:15 PM	10:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Movement Break	3:00 PM	4:00 PM	7:00 PM	8:00 PM	9:00 PM	10:00 PM	10:00 PM	11:00 AM	12:00 PM	12:00 PM	12:00 PM	12:00 PM	1:00 PM	1:00 PM	2:00 PM
Concurrent Workshops	3:15 PM	4:15 PM	7:15 PM	8:15 PM	9:15 PM	10:15 PM	10:15 PM	11:15 AM	12:15 PM	12:15 PM	12:15 PM	12:15 PM	1:15 PM	1:15 PM	2:15 PM
Break	4:15 PM	5:15 PM	8:15 PM	9:15 PM	10:15 PM	11:15 PM	11:15 PM	12:15 PM	1:15 PM	1:15 PM	1:15 PM	1:15 PM	2:15 PM	2:15 PM	3:15 PM
Plenary Session	4:30 PM	5:30 PM	8:30 PM	9:30 PM	10:30 PM	11:30 PM	11:30 PM	12:30 PM	1:30 PM	1:30 PM	1:30 PM	1:30 PM	2:30 PM	2:30 PM	3:30 PM
Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	12:30 AM	1:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM

  

DAY TWO	Wednesday, September 27, 2023							Thursday, September 28, 2023							
	American Samoa	HST	PDT	MDT	CDT	EDT	AST	Koror	Guam	Northern Mariana Islands	Yap	Chuuk	Pohnpei	Kosrae	Marshall Islands
Opening Remarks	11:00 AM	12:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	6:00 PM	7:00 AM	8:00 AM	8:00 AM	8:00 AM	8:00 AM	9:00 AM	9:00 AM	10:00 AM
Plenary Session	11:15 AM	12:15 PM	3:15 PM	4:15 PM	5:15 PM	6:15 PM	6:15 PM	7:15 AM	8:15 AM	8:15 AM	8:15 AM	8:15 AM	9:15 AM	9:15 AM	10:15 AM
Break	12:15 PM	1:15 PM	4:15 PM	5:15 PM	6:15 PM	7:15 PM	7:15 PM	8:15 AM	9:15 AM	9:15 AM	9:15 AM	9:15 AM	10:15 AM	10:15 AM	11:15 AM
Concurrent Workshops	12:30 PM	1:30 PM	4:30 PM	5:30 PM	6:30 PM	7:30 PM	7:30 PM	8:30 AM	9:30 AM	9:30 AM	9:30 AM	9:30 AM	10:30 AM	10:30 AM	11:30 AM
Break	1:30 PM	2:30 PM	5:30 PM	6:30 PM	7:30 PM	8:30 PM	8:30 PM	9:30 AM	10:30 AM	10:30 AM	10:30 AM	10:30 AM	11:30 AM	11:30 AM	12:30 PM
Movement Break	2:15 PM	3:15 PM	6:15 PM	7:15 PM	8:15 PM	9:15 PM	9:15 PM	10:15 AM	11:15 AM	11:15 AM	11:15 AM	11:15 AM	12:15 PM	12:15 PM	1:15 PM
Concurrent Workshops	2:30 PM	3:30 PM	6:30 PM	7:30 PM	8:30 PM	9:30 PM	9:30 PM	10:30 AM	11:30 AM	11:30 AM	11:30 AM	11:30 AM	12:30 PM	12:30 PM	1:30 PM
Break	3:30 PM	4:30 PM	7:30 PM	8:30 PM	9:30 PM	10:30 PM	10:30 PM	11:30 AM	12:30 PM	12:30 PM	12:30 PM	12:30 PM	1:30 PM	1:30 PM	2:30 PM
Plenary Session	3:45 PM	4:45 PM	7:45 PM	8:45 PM	9:45 PM	10:45 PM	10:45 PM	11:45 AM	12:45 PM	12:45 PM	12:45 PM	12:45 PM	1:45 PM	1:45 PM	2:45 PM
Closing Remarks	4:45 PM	5:45 PM	8:45 PM	9:45 PM	10:45 PM	11:45 PM	11:45 PM	12:45 PM	1:45 PM	1:45 PM	1:45 PM	1:45 PM	2:45 PM	2:45 PM	3:45 PM
Conference Adjourns	5:30 PM	6:30 PM	9:30 PM	10:30 PM	11:30 PM	12:30 AM	12:30 AM	1:30 PM	2:30 PM	2:30 PM	2:30 PM	2:30 PM	3:30 PM	3:30 PM	4:30 PM