



Llywodraeth Cymru
Welsh Government



GIG
CYMRU
NHS
WALES

Iechyd Cyhoeddus
Cymru
Public Health
Wales

Coronafeirws (COVID 19) - Newyddion

Caiff yr e-bost hwn ei anfon atoch gan Lywodraeth Cymru ac mae'n cynnwys diweddariadau yn dilyn penderfyniad i gyfyngu ymhellach ar symud, a gymerodd ein Prif Weinidog ni, ynghyd ag arweinwyr eraill y DU, gyda'r unig nod o arafu lledaeniad coronafeirws.

Mae neges fideo gan Brif Weinidog cymru ar gael [yma](#).

BETH SYDD ANGEN I CHI EI WNEUD

Aros gartref

Yr un peth pwysicaf y gallwn ni i gyd ei wneud, wrth ymladd y coronafeirws, yw aros gartref er mwyn diogelu'r GIG ac achub bywydau. Dyna pam y mae'r Llywodraeth yn cyflwyno'r mesurau canlynol:

1. pobl i aros gartref, heblaw am resymau cyfyngedig iawn
2. cau siopau a manau cymunedol nad ydyn nhw'n hanfodol
3. rhwystro mwy na dau berson rhag ymgynnull yn gyhoeddus

Rhaid i bob dinesydd gydymffurfio â'r mesurau newydd hyn ar unwaith. Bydd yr awdurdodau perthnasol, gan gynnwys yr heddlu, yn cael y pwerau i'w gorfodi – trwy ddirwyon a thrwy wasgaru grwpiau o bobl.

Bydd y Llywodraeth yn edrych eto ar y mesurau hyn ymhen tair wythnos, ac yn eu llacio os bydd y dystiolaeth yn dangos bod hyn yn bosibl.

Canllawiau llawn ar aros gartref ac i ffwrdd oddi wrth eraill.

Coronavirus (COVID 19) - Latest News

This email is sent to you from Welsh Government and includes updates following the decision to further restrict movement, which our First Minister, along with other UK leaders took with the sole aim of slowing the spread of coronavirus.

A video message from the FM is available [here](#).

WHAT YOU NEED TO DO

Stay at home

The single most important action we can all take, in fighting coronavirus, is to stay at home in order to protect the NHS and save lives. That is why the Government is introducing the following measures requiring:

1. people to stay at home, except for very limited purposes
2. closing non-essential shops and community spaces
3. stopping all gatherings of more than two people in public

Every citizen must comply with these new measures immediately. The relevant authorities, including the police, will be given the powers to enforce them – including through fines and dispersing gatherings.

Government will look again at these measures in three weeks, and relax them if the evidence shows this is possible.

Full guidance on staying at home and away from others.

Cyngor iechyd am y coronavirus

Gan gynnwys sut mae gwybod a oes angen cymorth meddygol arnoch a chyngor ar gadw pellter cymdeithasol

Ysgolion a gofal plant yn dal i fod ar agor i blant gweithwyr hanfodol.

Gartref ddylai plant fod, lle bynnag y bo'n bosibl. Ond bydd angen o hyd i'r gweithwyr hanfodol gael trefniadau gofal diogel ar gyfer eu plant. Mae ein hysgolion a'n lleoliadau gofal plant yn rhoi gwasanaeth hanfodol ar gyfer gweithwyr critigol a'r plant sydd fwyaf agored i niwed.

Sut fydd ysgolion yn gweithio yn ystod y pandemig coronafeirws

Gofynnir i **fusnesau** wneud trefniadau i'w staff weithio gartref lle bynnag y bo'n bosibl.

Cau

Mae pob tafarn, clwb, theatr, lleoliadau cymdeithasol, llyfrgelloedd, meysydd chwarae, campfeydd awyr agored a mannau addoli ar gau. Mae parciau carafannau, meysydd gwerysyla, mannau twristaidd a mannau prydfarth poblogaidd ar gau i ymwelwyr.

Gwaherddir pob digwyddiad cymdeithasol heblaw angladdau. Mae hyn yn cynnwys priodasau, bedyddio a seremonïau eraill.

Mae **Busnes Cymru** yn rhoi cymorth a chyngor i fusnesau ar sut i ddelio â'r coronafeirws, o gynllunio ariannol a chynllunio cadwyni cyflenwi i faterion staffio.

Landlordiaid a thenantiaid

Rhoddir mwy o fesurau i amddiffyn tenantiaid a landlordiaid, gan gynnwys gwaharddiad o dri mis ar droi tenantiaid allan a gwyliau taliadau morgais.

Cefnogi'r gymuned

Mae'r ymgyrch **Edrych ar ôl ein Gilydd** yn rhoi sylw i'r pethau bychain y gall pob un ohonom eu gwneud i helpu ein gilydd yn ystod y pandemig.

CADWCH MEWN CYSYLLTIAD

I wybod y diweddaraf, ewch i:

llyw.cymru/coronafeirws

Am newyddion a amserau chynadleddau dyddiol i'r Wasg dilynwch: **@LlywodraethCym**

Coronavirus health advice

This includes how to check if you need medical help and social distancing

Schools and childcare still open to children of critical workers.

Children should be at home wherever possible, however critical workers will still need to have safe care arrangements for their children. Our schools and childcare settings are providing a vital service to support critical workers and our most vulnerable children.

How schools will work during the coronavirus pandemic

Businesses are being asked to make arrangements for their staff to work from home wherever possible.

Closures

All pubs, clubs, theatres social venues Libraries, playgrounds, outdoor gyms and places of worship are closed. Caravan parks, campsites, tourist hotspots and popular beauty spots are closed to visitors.

Social events, except for funerals will not be allowed. This includes weddings, baptisms and other ceremonies.

Business Wales is providing businesses with tailored support and advice about dealing with coronavirus, from financial and supply chain planning to advice on staffing issues.

Landlords and tenants

Greater protection for tenants and landlords, including a three month ban on evictions and mortgage payment holidays.

Community support

Looking Out for Each Other campaign which focuses on the small things we can all do to help each other during the pandemic.

STAY IN TOUCH

For latest information visit:

gov.wales/coronavirus

For timings of screened daily press briefings follow: **@WelshGovernment**