

# COMMUNITY YOUTH HUBS

Delivered in the hearts of communities on local parks, community centres and schools, we provide free activities on the doorsteps of children and young people. The opportunities offer a safe space to take part in a range of sport, cultural and creative activities. We also provide some regular sessions for parents and families to access support and guidance. Sessions are delivered by a range of partners including:



## PHYSICAL ACTIVITY:

Providing free football, sport and activity sessions. No booking required. Just turn up and play. Sessions run on most days of the week and are for males and females from 8 years to 19 years.

## WELLBEING:

The Trust run a Tackle It wellbeing programme (early-intervention) for 12-17 year old males who are struggling with their mental wellbeing. These sessions aim to give participants a 'safe space' to chat, socialise and take part in fun activities.



## CREATE AND EXPRESS HUB:

Weekly sessions aiming to allow children and young people a space to create to express difficult emotions or thought processes through the media of art, supported by their dedicated mental health team.

## PARENT/CARER HUB:

Offering behaviour and coping strategies to support parents and carers. The chance to discuss with our team your concerns around your child's mental health and development and access ideas for coping strategies to utilise at home.



Offering a range of weekly community hubs including:

- Music Technology
- Break Dancing
- Street Dance
- Urban Choir

Free to access and suitable for ages 12 to 19. No booking required.

## FURTHER INFORMATION:

**E:** [office@babypeople.co.uk](mailto:office@babypeople.co.uk)

**T:** 01332 203327



## ONLINE CHAT SUPPORT SESSIONS:

If you would like advice or information about children at risk of exploitation, Safe and Sound run an online chat forum on Tuesdays between 11am and 1pm. [safeandsoundgroup.org.uk](https://www.safeandsoundgroup.org.uk)

## PARENT/CARER SESSIONS:

Safe and Sound can deliver sessions to support and guide parents/carers to keep children and young people safe from potential harm and exploitation. These can be delivered alongside other school events such as parents evening. To express an interest please contact: [helen.west@safeandsoundgroup.org.uk](mailto:helen.west@safeandsoundgroup.org.uk)

# COMMUNITY HUBS

## FREE FOOTBALL, SPORTS AND ACTIVITY SESSIONS

For Males and Females | No bookings! Turn up and play

**Monday, 5:30pm - 6:30pm:**

The Racecourse ATP, DE21 6AL  
Ages 8 - 12

**Monday, 6:45pm - 7:45pm:**

The Racecourse ATP, DE21 6AL  
Ages 13 - 19

**Tuesday, 5:30pm - 7:00pm:**

City of Derby Academy, DE24 3AR  
Ages 8 - 12

**Tuesday, 5:30pm - 7:00pm:**

Mackworth Youth Club, DE22 4FN  
Ages 11 - 18

**Wednesday, 6:00pm - 8:00pm:**

Arboretum Park, DE23 8FR  
Ages 8+

**Thursday, 5:00pm - 7:00pm:**

Bemrose School, DE22 3HU  
Ages 8+

**Friday, 6:00pm - 8:00pm:**

The Racecourse ATP, DE21 6AL  
Ages 8 - 19

**Friday, 4:30pm - 6:00pm:**

Shakespeare Street, DE24 9HD  
Ages 8+

**Saturday, 11:30am - 1:00pm:**

Shaftesbury Street, DE23 8NA  
Ages 8+

**Saturday, 11:30am - 1:00pm:**

Havelock Road, DE23 8TN  
Ages 8+

For more information email [zack.yates@dcct.co.uk](mailto:zack.yates@dcct.co.uk) or call 07947 791440.

 DerbyCountyCommunityTrust

 DCCTOfficial

 DCCTOfficial

DERBY  
COUNTY  
COMMUNITY  
TRUST

  
Premier League  
Kicks





**Baby People run a range of weekly community hubs including music technology, break dancing and urban choir. Free to access and suitable for ages 12 to 19.**

**No booking required.**

## **Music Technology Sessions:**

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**Baby People (Roma Focussed),**  
Monday, 3:00pm - 5:00pm

**Cafe in the Park, Normanton,**  
Tuesday, 5:00pm - 7:00pm

**Mackworth Community Centre,**  
Thursday, 5:30pm - 7:30pm

**Derwent Community Centre,**  
Monday, 5:15pm - 7:15pm

**Baby People (Young Black Artists Focussed),**  
Thursday, 4:00pm - 6:00pm

**Sinfin Community Centre,**  
Friday, 4:00pm - 6:00pm

## **Street Dance Sessions:**

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**Mackworth Community Centre,**  
Wednesday, 5:00pm - 6:00pm

## **Urban Choir Sessions:**

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**Baby People,**  
Wednesday, 5:00pm - 7:00pm

Further information please contact  
email [office@babypeople.co.uk](mailto:office@babypeople.co.uk)  
or call **01332 203327**





# BRIDGE THE GAP

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## CREATE AND EXPRESS YOUTH HUB

Weekly sessions aiming to allow children and young people a space to create to express difficult emotions or thought processes through the media of art, supported by their dedicated mental health team. Children will have the opportunity to speak with our team should they feel the need to in a safe and supported environment, but there will be no pressure for them to talk openly – they will be able to draw, paint, and use other arts materials within these groups.

## FREE TO ACCESS

Every Tuesday,  
5:15pm - 6:00pm and 6:15pm - 7:00pm  
For ages 7-12 years olds  
Bridge the Gap, 45 Friar Gate, Derby, DE1 1DA  
**Starts on 30<sup>th</sup> November**  
**Places must be booked in advance**

## PARENT/CARER HUB 'WELLBEING WEDNESDAYS'

A fortnightly drop-in space for parents/carers to talk through concerns around their child's mental health or behaviour. A chance to discuss with our team your concerns around your child's mental health and development and access ideas for coping strategies to utilise at home. A soothing space to offload and chat, without judgement. Our team are multidisciplinary professionals who have worked in the field of mental health for many years; we are also all parents ourselves, so know how tough and challenging this can be at times.

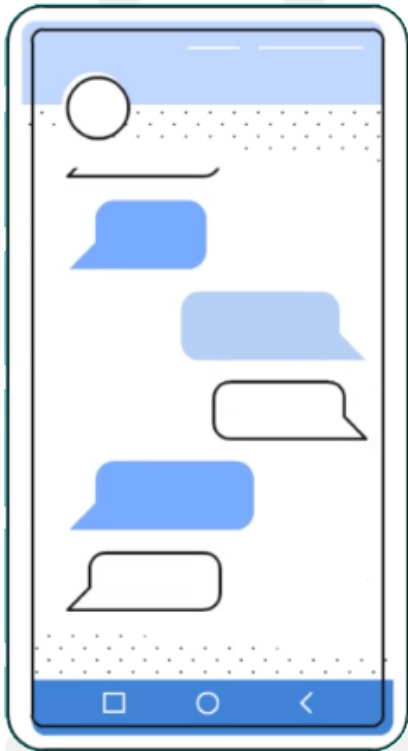
## FREE TO ACCESS

Every other Wednesday,  
10:00am - 2:00pm  
Bridge the Gap, 45 Friar Gate, Derby, DE1 1DA  
**Starts on 17<sup>th</sup> November**  
Contact Nikki or Jennifer for further information: [info@jwbridgethegap.com](mailto:info@jwbridgethegap.com)



# SAFE & SOUND

Transforming young lives



## ONLINE CHAT SESSIONS

If you would like advice or information about children at risk of exploitation, Safe and Sound run a free online chat forum.

**EVERY TUESDAY,  
11AM - 1PM**

**[SAFEANDSOUNDGROUP.ORG.UK](https://www.safeandsoundgroup.org.uk)**